

Mental Health Resident

(Qualified Treatment Trainee)

Reports to: Clinical Supervisor and Owner

At Integrity Counseling you will find empathic and compassionate professionals who believe in the inherent strengths and well-being of those who seek support and guidance. We will not judge your journey but will honor what you have been through and will be with you as you find your direction. As a part of our care, we strive to provide consistent appointment times and quick turn around when you contact us. We are here when you need us, and will walk beside you on your journey towards healing.

RESPONSIBILITIES: (under the supervision of a Licensed Treatment Professional)

1. Provide mental health psychotherapy and related assessment and evaluation
 - Develop and implement treatment plans based on clinical experience and knowledge in accordance with state mandates and agency policy
 - Evaluate clients' physical or mental condition based on review of client information
 - Evaluate the effectiveness of counseling programs and clients' progress in resolving identified problems and moving towards defined objectives
 - Encourage clients to express their feelings and discuss what is happening in their lives, and help them to develop insight into themselves and their relationships
 - Guide clients in the development of skills and strategies for handling their problems
 - Counsel clients, individually and in group sessions, to assist in overcoming dependencies, adjusting to life, and making changes
 - Counsel family members to assist clients in understanding, dealing with, and supporting those we serve
 - Modify treatment activities and approaches as needed in order to comply with changes in the clients' status
 - Discuss with individual and their families discharge planning
2. Act as a client advocate in order to coordinate required services or resolve emergency problems in crisis situations
 - Meet with related parties, including but not limited to families, probation officers, police, social workers, school counselors or teachers, case managers, in order to exchange necessary information during the treatment process
 - Refer clients or family members to community resources or to specialists as necessary
 - Collaborate with other staff members to perform clinical assessments and develop treatment plans
 - Gather information about community mental health needs and resources that could be used in conjunction with therapy

- Monitor clients' use of medications and work directly with prescribing physicians when needed.
3. Maintain confidentiality of records relating to clients' treatment, in accordance with state mandates and agency policy.
 - Collect information about clients through interviews, observation and evaluation tools in accordance with agency policy
 - Maintain accurate and up to date electronic records, including session notes and client assessments
 4. Complete billing related paperwork as necessary, including prior authorizations, reauthorizations, insurance co-payments and out of pocket fees are collected.
 5. Project based work as assigned

EXPERIENCE & QUALIFICATIONS:

- A Resident will (1) have completed a graduate degree in a mental health discipline from a regionally accredited college or university, and (2) be accumulating the hours of post-graduate supervised practice required for licensure.
- Knowledge of therapeutic principles, methods, and procedures for assessment and diagnosis, treatment, and rehabilitation of emotional and mental health disorders and illnesses with a holistic, strengths based approach.