www.GrowingMindsTherapy.com



Winter 2023 Enrichment Programs for Social-Emotional Learning and Beyond! ages 3-5



Facilitation of play, feelings, and social skills development, developed by Growing Minds and led by Kirstin Springer, Early Childhood Specialist



Builders and Makers

6 Mondays: Jan 9, 23, 30, Feb 6, 13, 27 (No class Jan 16 & Feb 20 in honor of Martin Luther King Jr. Day & President's Day)2:30–3:30 pm **Children engage in social-emotional, fine and gross motor development, and problem solving through playful experiences of building together. Each weekly session involves an opportunity to use a variety of materials to build a collaborative structure based on a story or problem that your child can help solve. Participants practice planning, taking turns, frustration tolerance, compromising, and communicating.**

Story Tellers

6 Thursdays: Jan 12, 19, 26, Feb 2, 9, 16 from 2:30-3:30 pm Does your child love books and stories? What about performing or creating their own plays and shows? In this class, children are engaged in social-emotional and literacy development through familiar and self-created stories. They get opportunities to practice a wide range of skills such as cooperation, turn taking, problem solving and self-regulation, as well as body movement and verbal language to communicate their thoughts and ideas.



REGISTER here:



Submit payment to the Bradley Hills front desk. Each program is \$200 for all 6 meetings.

Find out more: KirstinS@growingmindstherapy.com 301-235-9927 x7