



Current Needs for October 2020

Please note we can NOT accept any homemade products like preserves, baked goods, etc. no matter how tasty they might be. This is due to food safety regulations.

- Rice/pasta helpers (rice/pasta sides, rice-a-roni, pilaf, etc.)
- Hearty Soups
- Broth (chicken, beef, or vegetable)
- Pasta – elbows, penne, thin spaghetti
- Macaroni & Cheese
- Ramen noodles (packages, not the cups, please)
- Feminine Hygiene items (sanitary napkins, poise pads)
- Spaghetti O's, Spaghetti & Meatballs
- Canned fruit (no sugar added)
- Applesauce (6 packs preferred)
- Cooking supplies - unbleached flour, sugar, vegetable oil
- Strawberry Jelly
- Ketchup, mayonnaise, yellow mustard
- Pasta Sauce
- Canned chicken, salmon and tuna
- Meals in Cans – Beef Stew, Chili, Beef Ravioli, Hash
- Healthy Snacks – (whole grain crackers, pretzels, small raisin packages, microwave popcorn packets, small fig newton packages etc.)
- Ground coffee (no K-Cups please!!)
- Peanut butter
- Shower size bars of soap
- Oral Hygiene items (toothpaste, and especially, toothbrushes & floss)

Items we do not need:

- Baby food (we make sure eligible families are getting WIC benefits)
- Miscellaneous condiments (just ketchup, mayo, mustard & salad dressing please)
- K-cups
- Candy
- Cookbooks, magazines, and other books
- Paper goods
- Soda and protein drinks
- Juice boxes
- Diapers (we simply do not have the room to store these)

Please note: we offer the list immediately above because our food shelf and storage spaces are very limited, and we either have plenty of these items or they are just too difficult for us to store!