

# Rocking Horse Early Learning Center

2253 American Way  
Port Allen, LA 70767

## Breakfast

July 2019

225-749-4004  
Info@RHELCL.com  
TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
WW Waffle w/ Syrup Sliced Peaches Whole/Skiim Milk	WW Buttered Biscuit Mixed Tropical Fruit Whole/Skim Milk	Dry Cereal Fruit Cocktail Whole/Skim Milk	Buttered Grits Sliced Pears Whole/skim Milk	WW English Muffin Mandarin Oranges Whole/Skim Milk
8	9	10	11	12
Creamy Oatmeal Mixed Tropical Fruit Whole/Skim Milk	WW French Toast Sticks Madarine Oranges Whole/Skim Milk	WW Cinamaon Toast Mixed Fruit Whole/Skim Milk	WW Pancake & Sausage Fruit Cocktail Whole/Skim Milk	Dry Cereal Sliced Pears Whole/Skim Milk
15	16	17	18	19
WW English Muffin Breakfast Sausage Sliced Peaches Whole/Skim Milk	WW Buttered Toast Mixed Fruit Whole/Skim Milk	WW Pancakes w/ Syrup Fresh Bananas Whole/Skim Milk	Brown Sugar/Cinnamon Oatmeal Sliced Peaches Whole/Skim Milk	WW Waffles w/ Syrup Fruit Cocktail Whole/Skim Milk
22	23	24	25	26
WW French Toast Sticks Slcied Peaches Whole/Skim Milk	Cheese Grits Mixed Tropical Fruit Whole/Skim Milk	WW Toast w/ Jelly Fruit Cocktail Whole/Skim Milk	WW Cinnamon Biscuits Sliced Pears Whole/Skim Milk	WW Pancake & Sausage Mandarin Oranges Whole/Skim Milk
29	30	31		
WW Waffle w/ Syrup Sliced Peaches Whole/Skiim Milk	WW Buttered Biscuit Mixed Tropical Fruit Whole/Skim Milk	Dry Cereal Fruit Cocktail Whole/Skim Milk		

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**Lunch**  
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Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">1</div> <p>Meatloaf w/ Gravy Steamed Rice Sweet Peas Sliced Pears</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">2</div> <p>Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chunks</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">3</div> <p>WW Pastalya w/ Pork &amp; Sausage Sweet Potatos Tropical Fruit</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">4</div> <p>All Beef Hot Dog w/ WW Bun Buttered Diced Potatos Mandarin Oranges Whole/Skim Milk</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">5</div> <p>Chicken Stew Steamed Rice Brocoli &amp; Cheese Casserole Fuit Cocktail</p> </div>
<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">8</div> <p>Tuna Salad w/ Crackers Glazed Carrots Pinapple Tidbits Whole/Skim Milk</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">9</div> <p>Smothered Pork Chops Mashed Potatos Sweet Peas Applesauce</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">10</div> <p>White Beans w/ Ham &amp; Sausage Steamed Rice Buttered Squash / Sliced Pears</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">11</div> <p>WW Chicken Nuggets Green Beans Mixed Fruit Whole/Skim Milk</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">12</div> <p>Sloppy Joe on WW Bun Salad w Ranch Dressing Sliced Peaches Whole/Skim Milk</p> </div>
<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">15</div> <p>Baked Pork Chop Cajun Rice Dressing Sweet Pototo Casserole Sliced Peaches</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">16</div> <p>WW Grilled Cheese Sandwich Green Beans Sliced Pears Whole/Skim Milk</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">17</div> <p>Chicken &amp; Sausage Jambalya Sweet Peas Fruit Cockail Whole/skim Milk</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">18</div> <p>Beef Stew Steamed Rice Buttered Squash Fresh Bananas</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">19</div> <p>Breaded Fish Sticks WW Macaroni &amp; Cheese Sweet Peas Sliced Pears</p> </div>
<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">22</div> <p>Chicken and Sausage Gumbo Steamed Rice Buttered Corn' Sliced Pears</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">23</div> <p>WW Spaghetti w/ Meat Sauce Steamed Brocoli Fruit Cocktail Whole/Skiim Milk</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">24</div> <p>Tuna Salad w/ WW Sliced Bread Green Beans Mandarin Orange Slices</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">25</div> <p>BBQ Pork Baked Beans Buttered Diced Potatoes Pineapple Tidbits</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">26</div> <p>Red Beans w/ Ham &amp; Sausage Steamed Rice Green Beans Mixed Tropical Fruit</p> </div>
<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">29</div> <p>Meatloaf w/ Gravy Steamed Rice Sweet Peas Sliced Pears</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">30</div> <p>Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chunks</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="border: 1px solid black; display: inline-block; width: 20px; height: 20px; text-align: center; line-height: 20px;">31</div> <p>WW Pastalya w/ Pork &amp; Sausage Sweet Potatos Tropical Fruit</p> </div>	<div style="border: 1px solid black; padding: 5px;"> </div>	<div style="border: 1px solid black; padding: 5px;"> </div>

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## Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
1 WG Animal Crackers 100% Juice	2 White Cheddar Cheese Its 100% Juice	3 WW Honey Graham Crackers 100% Juice	4 WG Cheddar Goldfish 100% Juice	5 WW Blueberry Lemon Crispy Bites 100% Juice
8 WG Pretzel Goldfish 100% Juice	9 WG Teddy Graham Crackers 100% Juice	10 WG Cheddar Cheese It 100% Juice	11 Ritz Bitz Cheese Crackers 100% Juice	12 Crackers Mozzarella String Cheese 100% Juice
15 WG Animal Cracker 100% Juice	16 White Cheddar Cheese Its 100% Juice	17 WW Honey Graham Crackers 100% Juice	18 WG Cheddar Goldfish 100% Juice	19 WW Blueberry Lemon Crispy Bites 100% Juice
22 WG Pretzel Goldfish 100% Juice	23 WG Teddry Graham Crackers 100% Juice	24 WG Cheddar Cheese Its 100% Juice	25 Ritz Bitz Cheese Crackers 100% Juice	26 Crackers Mozzarella String Cheese 100% Juice
29 WG Animal Crackers 100% Juice	30 White Cheddar Cheese Its 100% Juice	31 WW Honey Graham Crackers 100% Juice		

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