



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog F – Fall 2019

Month and Year February 24-28, 2020

| Meal Patterns | Monday Feb 24 | Tuesday Feb 25 | Wednesday Feb 26 | Thursday Feb 27 | Friday Feb 28 |
|--|--|---|---|--|---|
| Breakfast <ul style="list-style-type: none"> Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods | Great Value Light Vanilla Low-fat Yogurt (Meat Alt) Banana Muffins Pears Whole or 1% Milk | Tasteos Toasted Whole Grain Oat Cereal Toast (WG) Orange Juice Whole or 1% Milk | Raisin Toast (WG) Bananas Whole or 1% Milk | Pancakes (HM) Berries Whole or 1% Milk | English Muffin Egg Sandwiches (WG) Raisins Whole or 1% Milk |
| AM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains | String Cheese Apples | Grapes Cheese Slices | Rice Cakes Bananas | Applesauce Graham Crackers | Pear Slices Cheese Sticks |
| Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods | Chicken Medallions (HM) Rice Green Beans Pineapple Bread (WG) Whole or 1% Milk | Meatloaf (Hamburger) (HM) Scalloped Potatoes Peas Bread Pears Whole or 1% Milk | Chicken Mac and Cheese (HM) Broccoli Bread (WG) Applesauce Whole or 1% Milk | Chili Con Carne (CP) (Hamburger & served with Cheese) Corn Bread (WG) Cooked Carrots Mandarin Oranges Whole or 1% Milk | Tuna Sandwiches (HM) (WG) Tomato & Lettuce Chips Peaches Whole or 1% Milk |
| PM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains | Baby Carrots Cherry Tomatoes Ranch Dressing | Wheat Thins Whole or 1% Milk | Cheese-it Crackers Whole or 1% Milk | Lemon Bars Whole or 1% Milk | Teddy Grahams Whole or 1% Milk |

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.