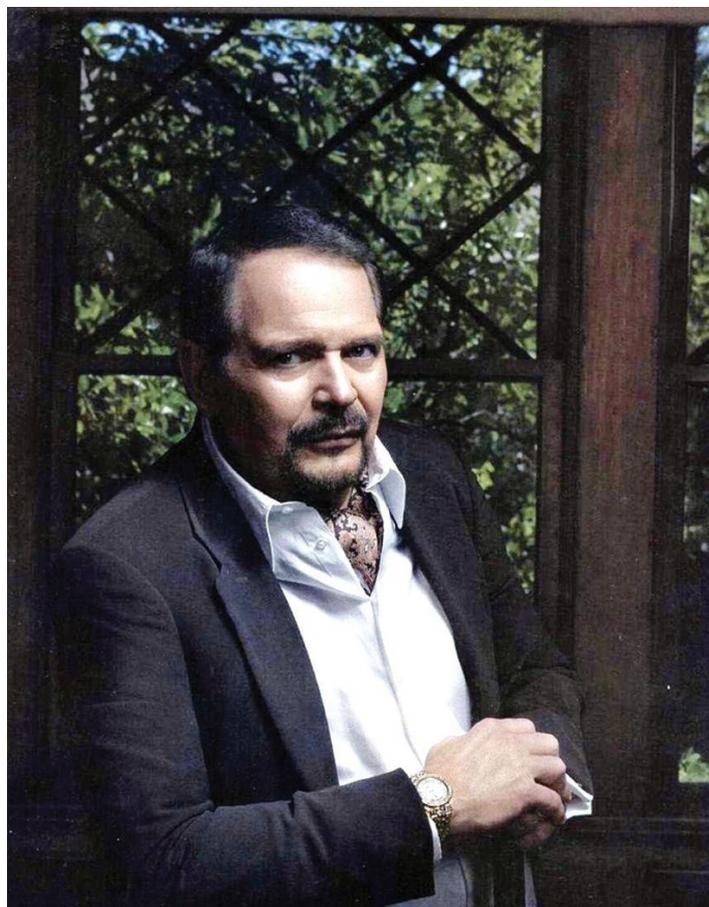


# The Most Innovative & Famous Cosmetic Dermatologist in the World

# Dr. Arnold Klein

...sets the record straight on the dangers of common anti-aging treatments, the truth about the life and death of his close friend superstar Michael Jackson and his love and respect for who he considers the greatest beauty and last star in Hollywood—Elizabeth Taylor.

By Suzanne Takowsky



## What Becomes A Legend...

As the saying goes...*What becomes a legend most?* Well, after speaking with renowned Beverly Hills Cosmetic Dermatologist Dr. Arnold Klein, I would have to say that an honest, trustworthy and well-intentioned best friend should top the list. That's probably why Klein remained best friends for three decades with the biggest superstars of all time Michael Jackson, and Elizabeth Taylor and the growing list of A-listers who call him "friend" is staggering. During our interview the phone didn't stop, ringing—and I mean didn't stop. He took calls from some of the biggest names in Hollywood, and the tone of the conversations were the same; chummy and fun. It's obvious these people are close to his heart and he to theirs. Maybe they are his patients, but more important they are his close friends ... "his family" as he says. They are people he trusts and adores and—they trust and adore him.

My interview with Klein was everything I'd hoped, and more. We met at his gorgeous hilltop mansion overlooking the best Beverly Hills has to offer. The sun-filled day

could not have been more perfect for a relaxed, sit down conversation for two. Certainly, I was expecting him to be brilliant after all Klein is considered the premier skin care/anti-aging guru/most cutting-edge dermatologist and minimally invasive cosmetic expert in the world. What I didn't expect was a man with an amazing sense of humor who doesn't hide behind smoke and mirrors when discussing his life. He is kind, loyal when he speaks about his friends, straightforward and placed no limits on the topics we discussed.

## Friends In High Places

Although he wouldn't name names, it's no secret Klein's patient roster reads like an international directory of the famous. Dubbed *Dermatologist to the Stars* is only half of it; Presidents, (of course presidents wives), Kings, Queens, business moguls, distinguished designers, politicians, best-selling authors, headliners, legends, international speakers—doctors, even plastic surgeons trust their faces and skin to Klein. And he doesn't let them down. He is the man the most beautiful women in the world depend on to look natural, and more to the point...*unsurgeried*. Whether outing his name in the press or seen coming out of his office, the list of famous women who attribute their beauty to Klein form an enviable line. Klein is acknowledged worldwide as the "Guy To Go To For Botox" and for one reason: his patients do not look frozen—they just look spectacular at any age. Klein's claim to anti-aging fame is that for more than 30 years he gives patients a youthful look. "Going under the knife" he says is about the worst thing a person can do. Not because he is against minimally invasive cosmetic surgery, but he is horrified by all the "bad surgery" he not only sees, but has to correct. People look bad because as Klein points out...doctors with the scalpel in their hands don't know what they are doing and he says they rely on cookie cutter procedures that worsen not achieve a refined look. Unqualified doctors who don't know how to give dermal injections are what he says creating unnatural, almost monstrous looks we see. Tight, puffy faces, over-injected cheeks and huge tube-like lips; the worst is the fillers being used are unhealthy, toxic and causing a leg-long list of dangerous health risks.

**ST: Best friend to the most beautiful woman created, it's easy to hold Elizabeth Taylor as the standard of true beauty. But what we see today—distortion, unnatural looks; isn't this is a step back for the beauty industry?**

**AK:** The biggest problem is most plastic and cosmetic doctors don't know what a 'mouth' is supposed to look like. They think filling the face and lips with fat is all it takes. What happens—patients end up with a fat face and fat lips. After much research, I found the cause of lower facial fat loss comes from lack of lower jaw dental support. My goal is to keep evolving in every way...keep finding

way to improve the face without the need for invasive surgery. Today's doctors just don't understand the architecture of the face."

## Dangerous Fillers That Do Not Work

Reinventing the way Botox is injected along with other Hydronic acid fillers and his invention of restoring the lower face with filler to achieve fullness without surgery has made Klein the most noted facial cosmetic dermatologist on earth. His results to bring fullness into the lower face are nothing short of miraculous. I must admit more than once I thought of going to Klein myself, but because of his celebrity clients, I felt his prices would be sky high. Not so he says, acting shocked at my revelation. Klein maintains his fees are comparable to other dermatologists in Los Angeles, and in his office one doesn't have to be a celebrity to be treated like one. Every person who walks through his door deserves, and receives the best he, and his highly-trained staff have to offer.

## His Specialized Staff

Klein's medical staff are some of the most specialized physicians/skin/beauty experts in the field and include Dr. Paul J. McAndrews, a Board Certified Dermatologist and global leader in advanced techniques for hair transplants. McAndrews pioneered the use of the stereoscopic microscope to revolutionize the hair transplant process, creating results many find indistinguishable from nature. As one of only three doctors in the world who uses hypothermosol to preserve follicular grafts for maximizing survival, McAndrews was ranked the best doctor in his specialty in the U.S., he lectures to physicians throughout the country and is frequently interviewed by the media. McAndrews serves as a Clinical Professor at the USC School of Medicine.

Another of Klein's experts is Valerie Luethge Stern, PA-C, MPAS, a board-certified physician assistant specializing in dermatology, dermatological surgery and laser since 1998. With advanced training and certifications in Botox injections, Restylane, Juvéderm, contouring of the cheeks, nasal bridges, and lips to name a few, Stern's chemical peeling techniques include improvement for melasma, acne, scar formation, sun damage, fine lines and wrinkles. She also performs general, cosmetic, and laser skin care on patients of all ethnicities, ages and skin types, improving and rejuvenating, while enhancing each and everyone's natural beauty. Other treatments she performs include Er:Yag resurfacing, IPL, infrared skin tightening, Nd:Yag, CO2 pixelated resurfacing, diode laser treatments for hair removal and rejuvenation, as well as tattoo removal, cellulite treatments, wrinkle and reductions with state-of-the-art radio frequency systems.